

# Evolve<sup>®</sup>

Carmellose 0.5%

SOOTHING EYE DROPS

## Carmellose 0.5% w/v Eye Drops

Preservative Free

10ml

### Instruction for use

It is important to read this leaflet carefully before using Evolve<sup>®</sup> Carmellose. The information provided summarises the important points about the product but if you have any further questions then please ask your doctor, pharmacist or optician.

### What is Evolve<sup>®</sup> Carmellose?

Evolve<sup>®</sup> Carmellose is an eye drop containing Carmellose 0.5% w/v in a 10ml preservative free multi dose bottle. The Evolve<sup>®</sup> system has been designed to combine the benefits of unit dose preservative free eye drops with the convenience of a standard eye drop bottle.

### Composition:

Evolve<sup>®</sup> Carmellose contains contains Carmellose (Carboxymethylcellulose sodium) 0.5% w/v, Glycerin, Sodium Chloride, Calcium Chloride Dihydrate, Potassium Chloride, Magnesium Chloride Hexahydrate, Boric Acid and Water for Injections.

### What is Evolve<sup>®</sup> Carmellose used for?

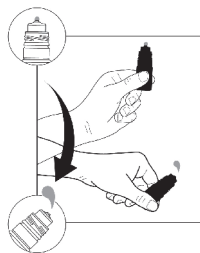
Evolve<sup>®</sup> Carmellose are soothing eye drops intended for use in the relief of discomfort that arises from dry eye sensations. They provide soothing relief for sore eyes from grit, itchiness and other foreign body irritations.

Dry eye sensations may also be produced by use of TVs and computer screens, infrequent blinking, certain medical treatments including refractive laser eye surgery, atmospheric pollution and drying atmosphere e.g. air conditioning, central heating, wind and sun. Evolve<sup>®</sup> Carmellose is compatible with all contact lenses.

### How to use:

Before opening a new bottle of Evolve<sup>®</sup> Carmellose, please check the safety seal of the bottle is unbroken by checking the integrity of the six bridges between the tamper evident ring and the cap.

1. Wash and dry your hands well before use.
2. Rotate the cap anticlockwise to break the seal.
3. Remove the cap.
4. Tilt your head back and look up.
5. Gently pull down the lower lid of the eye to form a small pocket between your eyelid and your eye.
6. Hold the bottle between your thumb and middle finger of your other hand and apply moderate pressure to the bottle to release one drop of Evolve<sup>®</sup> Carmellose into the pocket.
7. Blink your eye a few times.
8. If you think that you have missed the eye, then insert another drop.
9. Carefully wipe away any excess product around the eyelid with a tissue.
10. Repeat the process for the other eye, if required.
11. Shake the bottle once downwards in order to remove any excess before replacing the cap on the container, do not touch the applicator tip with anything, including your eye or your fingers.



If you are unsure about how to use Evolve<sup>®</sup> Carmellose consult your doctor, pharmacist or optician.



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### How much to use?

The usual dosage is one drop to be applied two to four times a day as needed, or as required depending on the severity of your dry eye sensation. Your healthcare practitioner may advise you to use this product in a different way, so follow their directions about when and how to use this product and read the label. No dosage adjustment is required in children.

### Precautions and warnings:

- This product is for external ophthalmic use only.
- Do not use if the safety seal on the cap of the bottle is broken before first use.
- Do not use if you are allergic to any of the ingredients.
- Do not touch the tip of the bottle with your eye or any surface or dip the nozzle in any liquid.
- Do not share this product with any other person.
- This product can cause a transient mild burning sensation and/or blurring of vision after application. Wait until your vision is clear before driving or using machinery.
- Do not use after the expiry date shown on the carton or printed on the bottle.
- Leave at least 30 minutes between administrations of any other ophthalmic drugs.
- Keep out of the reach and sight of children.
- Do not swallow.
- Do not store above 25°C.
- Discard the bottle 3 months after first opening. However contents may not last for 3 months depending upon the frequency of use.
- Do not deliver more than 30 consecutive drops.
- Do not try to unscrew or disassemble the nozzle from the bottle.
- Do not attempt to refill the bottle.
- Consult your doctor, pharmacist or optician before you use this product if you are pregnant or breast-feeding.
- If your eye condition persists consult your doctor, pharmacist or optician.
- Dispose of the used bottle according to your local waste management regulations.

**Bottle Discards Date Reminder:** Patients using this product are advised to fill out their name, first open date & discard date in the designated area on the top inside flap of the carton box, this feature will enable the patient to know exactly when to discard the product after first opening.

This leaflet applies to Evolve<sup>®</sup> Carmellose and not to any other product.

Last revision of the text: 06/2016



Consult instructions for use



Sterilized using aseptic processing techniques



Keep away from sunlight

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