

Evolve®

Carmellose

Carmellose 0.5% w/v Eye Drops

Preservative Free

10ml

Instruction for use

SOOTHING
EYE DROPS

23399201

EASY SQUEEZE BOTTLE
Soft bottle to improve
ease of use



It is important to read this leaflet carefully before using **Evolve® Carmellose**. The information provided summarises the important points about the product but if you have any further questions then please ask your doctor, pharmacist or optician.

1. What is Evolve® Carmellose?

Evolve® Carmellose is an eye drop containing Carmellose 0.5% w/v in a 10ml preservative free multi dose bottle. The Evolve® system has been designed to combine the benefits of unit dose preservative free eye drops with the convenience of a standard eye drop bottle.

2. Composition

Evolve® Carmellose contains Carmellose (Carboxymethylcellulose sodium) 0.5% w/v, Glycerol, Sodium Chloride, Calcium Chloride Dihydrate, Potassium Chloride, Magnesium Chloride Hexahydrate, Boric Acid and Water for Injections.

3. What is Evolve® Carmellose used for?

Evolve® Carmellose is a soothing eye drop intended for use in the relief of discomfort that arises from dry eye sensations. They provide soothing relief for sore eyes from grit, itchiness and other foreign body sensations.

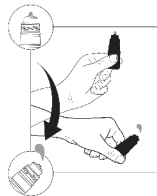
Dry eye sensations may also be produced by use of smartphones, TVs and computer screens, infrequent blinking, certain medical treatments including refractive laser eye surgery, atmospheric pollution and drying atmosphere e.g. air conditioning, central heating, wind and sun. Evolve® Carmellose is compatible with contact lenses.

The bottle has been designed to assist ease of use for patients. The body of the bottle is easy to grip using a pinch grip between the thumb and forefinger and has been constructed of a soft pliable plastic making squeezing and control of dispensing a drop easy and convenient. Only GENTLE pressure is required to squeeze one drop out. The blue tip contrasts against a white background, that will assist in aiming the drop as you invert the bottle towards your eye. Lastly, there is no protruding spout that could poke and damage your eye.

4. How to use:

Before opening a new bottle of **Evolve® Carmellose**, please check the safety seal of the bottle is unbroken by checking the integrity of the six bridges between the tamper-evident ring and the cap.

- Wash and dry your hands well before use.
- Rotate the cap anticlockwise to break the seal.
- Remove the cap.
- Tilt your head back and look up.
- Gently pull down the lower lid of the eye to form a small pocket between your eyelid and your eye.
- Hold the bottle between your thumb and forefinger of your other hand above your eye.
- Apply moderate pressure in the middle of the bottle to release one drop of **Evolve® Carmellose** into the pocket. Please note that there may be a few seconds delay between squeezing and the drop coming out. **Do not squeeze too hard.**
- Blink your eye a few times to spread the drop over the eye.
- If you think that you have missed the eye, then insert another drop.
- Carefully wipe away any excess product around the eyelid with a tissue.
- Repeat the process for the other eye, if required.
- Shake the bottle once downwards to remove any excess drop (see Figure 1) before replacing the cap on the container, do not touch the applicator tip with anything, including your eye or your fingers.



If you are unsure about how to use **Evolve® Carmellose**, consult your doctor, pharmacist or optician.

5. How much to use?

The usual dosage is one drop to be applied two to four times a day as needed, or as required depending on the severity of your dry eye sensation. Your healthcare practitioner may advise you to use this product in a different way, so follow their directions about when and how to use this product and read the label.

6. Precautions and warnings:

- This product is for external ophthalmic use only.
- Do not use if the safety seal on the cap of the bottle is broken before first use.
- Do not use if you are allergic to any of the ingredients.
- Do not touch the tip of the bottle with your eye or any surface or dip the nozzle in any liquid.
- Do not share this product with any other person.
- Keep out of the reach and sight of children.
- Do not use after the expiry date shown on the carton or printed on the bottle.
- This product can cause a transient mild burning sensation and/or blurring of vision after application. Wait until your vision is clear before driving or using machinery.
- Leave at least 5 minutes between administrations of any other ophthalmic drugs.
- Discard the Evolve® Carmellose 3 months after first opening. However, contents may not last for 3 months depending upon the frequency of use.
- Do not deliver more than 30 consecutive drops.
- Do not try to unscrew or disassemble the nozzle from the bottle.
- Do not attempt to refill the bottle.
- Do not squeeze the bottle when it is in an upright position.
- Consult your doctor, pharmacist or optician before you use this product if you are pregnant or breastfeeding.
- If your eye condition persists, consult your doctor, pharmacist or optician.
- Dispose of the used **Evolve® Carmellose** according to your local waste management regulations.

7. Contraindications

Do not use if you are allergic to Carmellose or to any of the ingredients listed in section 2-Composition.

8. Possible Side Effects

- Transient blurring of vision
 - Mild discomfort in eye
 - Possible allergic reaction
- If you experience any additional adverse events, consult your healthcare professional and report to Medicom Healthcare Ltd.

9. How to store Evolve® Carmellose?

- Do not store above 25°C.
- Discard the **Evolve® Carmellose** three months after first opening.
- Dispose of the bottle according to your local waste management regulations.

Bottle Discards Date Reminder: Patients using this product are advised to fill out their name, first open date & discard date in the designated area on the top inside flap of the carton box, this feature will enable the patient to know exactly when to discard the product after first opening.

This leaflet applies to **Evolve® Carmellose** and not to any other product.

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Discard the contents 3 months after first opening



Do not use if package is damaged and consult instructions for use



Sterilised using aseptic processing techniques



Consult instructions for use



Do not store above 25°C.
Do not freeze the product



Medical device symbol



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